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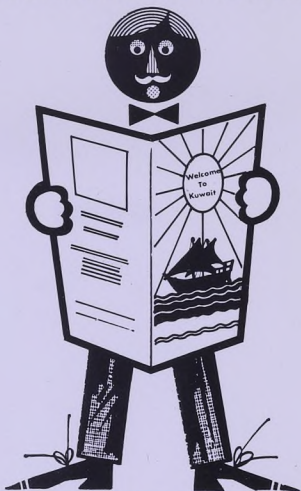
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ISSUE - 5



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THE BAHRAIN FISHING COMPANY



It is almost ten years since the Bahrain Fishing Company was incorporated by Charter of His Highness the Amir. A merger of local interests and resources with foreign expertise which has proved to be both far-seeing and successful. Today the Company operates a fleet of seventeen shrimp trawlers fishing into a very modern shrimp factory, backed by extensive maintenance and support facilities and justly enjoying a worldwide reputation as a producer of high quality frozen shrimp.

This situation has largely been brought about by continued development, modernisation, careful management of the fishery resource and constant attention to quality control. A further major factor is the harmonious relationship existing between the Government of the State of Bahrain, the Company's 1000 Bahraini shareholders (representing 65% of the Company's capital) and Ross Seafoods as managers and marketing agents (also holding 35% of the issued capital). The Company's successful profits record has enabled it, since the commencement of operations in

1967, to self finance the increase in its fleet from eight to seventeen vessels, to effect a planned replacement policy for these vessels and to considerably improve and extend its shore facilities whilst also serving its shareholders well.

The Bahrain Fishing Company Trawlers.



The Company's fleet consists of double rigged specially built steel trawlers, fishing for shrimp mainly in the territorial waters of Bahrain and Saudi Arabia. These each carry, in addition to the skipper and mate, a crew of between twelve and twenty seamen, so that the catch can be deheaded at sea before being packed in ice or held in refrigerated brine tanks on board the vessel. The trawlers regularly return with these fresh shrimp catches to the Company's processing factory situated on the waters edge at Mina Sulman, Bahrain.

Shrimps are unloaded and transported to the factory receiving and wash tanks by an automatic shrimp pump line from the jetty. Thereafter the shrimp pass along inspection lines, through modern processing and grading machinery before being packed out in Ross Brand cartons. The factory is equipped to produce raw whole shrimp, raw headless shrimp, raw peeled and deveined shrimp (in both block and individually quick frozen form) and also cooked whole shrimp. This extensive product 'mix' enables the Company to readily adapt its production to variable market demands and conditions.

Freezing, according to type of production, takes place in plate or blast freezers and the individual cartons are, then packed out in master cartons for storage in the Company's cold store

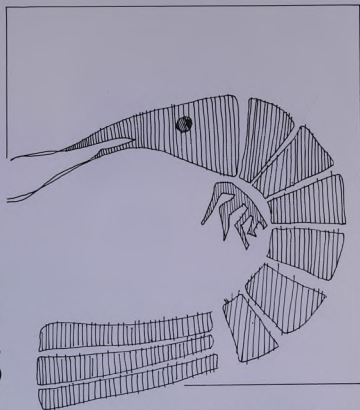
to await sale. It is noteworthy that the processing staff are almost wholly Bahraini of whom a large proportion are female.

Fishing operations are carried out for nine or ten months a year and for upto 24 hours a day. The remainder of the year provides time for annual refitting of the fleet and complete overhauling of all factory plant and equipment in preparation for the following season. Shrimp fishing is an 'all around the clock' operation and the Company has developed its own maintenance and supply resources to meet this demand. Shore facilities thus include engineering, electrical, carpentry and refrigeration workshops; spares, packaging and fishing gear stores; net-making and ice production units; water treatment plant; bulk fuel storage and a well equipped maintenance jetty together with a mobile crane and transport fleet with insulated containers for deliveries to the port and airport.

The whole operation is designed to produce a first class product and the Company's own quality control laboratory undertakes regular daily examination of production and water samples so guaranteeing strict conformity with the laid down handling and hygiene standards. This in turn, ensures that the extensive food import regulations applied in countries such as Japan, U.S.A. and Europe are more than adequately met.



SHRIMP FISHING IN BAHRAIN WATERS



The waters around Bahrain have a large population of the *PENAEUS SEMISULCATUS* species of shrimp. This species is a warm water shrimp caught at depth of 3 to 10 fathoms. It is the most important commercial shrimp in the world, found between 35° North Latitude and 30° South Latitude.

The shrimp live and feed on the bottom and have a life cycle of 12 to 14 months. Three out of every four adults are female. The female of the species spawn 2 to 3 times, an average of 75,000 eggs. Therefore, there is always many times more shrimp fry than the feeding grounds can support. We can assume that there are always the maximum quantity of shrimp consistent with the supply of food.

Since shrimp fishing is accomplished by dragging specially designed nets on the bottom we must consider the nature and extent of the

bottom. In the case of Bahrain, approximately 15 to 20 percent of the inshore bottom is clear enough to permit dragging, the remainder is littered with rocks and coral outcrops and these are completely unsuitable for shrimp fishing. The 80 to 85 percent of the bottom that is not fishable provides ideal escapement for the majority of the shrimp. From the standpoint of conservation and long term outlook this factor helps to assure a continued stable supply of shrimp. However care must be taken with the amount of trawlers and types that can operate in Bahrain waters. Areas that are suitable are small and with too many trawlers concentrated in a small area then the danger of overfishing could be a severe problem. Also shallow draught boats using modern technical methods but with small mesh nets could catch immature shrimp in the nursery grounds and must be controlled. With these basic controls we believe that the local shrimp fishery is a great asset and will contribute favourably to the long term economy of Bahrain.



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AWALI GOLF COMPETITION



1) A golf competition was held at the Awali Golf course recently, sponsored by the Gulf Hotel, Gulf Air and Gulf Cellar. Shown in this photo, Mr. E. Herlihy Senior Assistant Manager of the Gulf Hotel (Second left) and a number of other competitors.



2&3) "All eyes on the ball". Views taken during the competition.





Arabian nights barbecue

1) A Royal Reception! champagne cocktail is the drink served to welcome the guests to the Arabian Nights Barbecue, at the Gulf Hotel.



2) The traditional Arabic welcome - The picture shows Arabic coffee being served to guests at the Arabian Nights Barbecue.



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Air India	54081/54821
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Ethiopian Airlines	53315/53266
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Iran Air	53315
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KLM Royal Dutch Airlines	53852
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Chase Manhattan Bank	51401
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National Bank of Bahrain	55973
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Al Jazeera	Muharraq	731935
Al Nasr	Manama	54012
Andalus	Isa town	713932
Awal	Manama	713931
Bahrain	Manama	55770
Delmon	Awali	713934
Pearl	Manama	53423
Sira	Awali	4914

CONSULATES

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Embassy of the Arab Republic of Egypt	712011
Embassy of United States of America	8331/2
French Embassy	712595/6
Imperial Embassy of Iran	712065/712151
Indian Embassy	712875
Iraq Embassy	712837
Jordanian Embassy	8673/4
Kuwait Embassy	713487/8
Pakistan Embassy	713273/4
Royal Embassy of Saudi Arabia	713406/7
Libyan Embassy	714161/2

IMPORTANT TELEPHONE NUMBERS

MINISTRIES

Ministry of Commerce, Agriculture & Economy	54700
Ministry of Defence	22800
Ministry of Development and Industry	66456
Ministry of Education	53361
Ministry of Finance & National Economy	713011
Ministry of Foreign Affairs	53361
Ministry of Health	59834
Ministry of Housing	50843
Ministry of Information	8711
Ministry of Interior	54021
Ministry of Justice and Islamic Affairs	53309
Ministry of Labour and Social Affairs	712891
Ministry of Public Works, Electricity & Water	712891
Ministry of State for Cabinet Affairs	53671
Ministry of State for Legal Affairs	53671
Ministry of Transport	22800

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The Technical Bureau of the State of Kuwait	50548
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Jaffar	53750/55080
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Tarriq	712476
Wael	54886
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Gray Mackenzie & Co.	53901
International Agencies Co. Ltd	54275
Jawad Shipping Agency	54080/54507
Fakro Shipping Agency Ltd.	53717/54128
Y.R.A. Kinoo (30 Lines)	54081
United Travel and Shipping Ag.	55856

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Delmon Travel Agency	53419
Gray Mackenzie & Co. Ltd	53537
International Travel Bureau	53852
Jalal Travel Agency	53346
Kinoo Travel Agency	54081
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Welcome to the Gulf Hotel



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LOUNGE BAR



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VIEW OF THE BILLIARD ROOM



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DRIVING LICENCES AND REGULATIONS ...

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SHOPPING FACILITIES

Manama has both the traditional Eastern bazaar and the modern stores. The Manama bazaar or souq begins at the Bab-al-Bahrain, "the Gateway to Bahrain" and covers a wide area.

The souq is a busy and lively place. The streets are typically narrow and the tiny shops are crammed with goods. The shopkeepers make a colourful display of their wares. A surprising variety of goods can be found within the various quarters of the souq. Here the antique hunter will find Persian copperware and Arabic Coffee pots and the housewife spices and herbs. On the outer perimeter of the souq lie the meat, fish and vegetable markets.

Alternately the modern stores of Manama stock a wide selection of goods from the United States Europe and the East.

Most shops are open daily except Friday between the hours of 7.30 a.m. until 12.30 p.m. and from 3.30 p.m. to 6.00 p.m.

PASSPORT AND VISA REQUIREMENTS

All visitors to Bahrain require valid passports endorsed for Bahrain. Travellers who hold passports from the U.K., Saudi Arabia, Kuwait, Qatar, Oman and the U.A.E. do not require entry visas. All other nationals should obtain visas through Bahrain Embassies. Business visas valid for one or two weeks may also be obtained from Bahrain Embassies. Additionally holders of return or onward air tickets can obtain a transit visa, valid for 72 hours, from the Immigration Office at the Airport.

CUSTOM DUTIES

Passengers disembarking at Bahrain are allowed to bring the following duty-free articles into the country - 400 cigarettes, 50 cigars, 1lb of tobacco and 8 ozs of perfume. Personal and used goods may be allowed duty-free entry. Cut samples carried by businessmen are exempt from import duty. Restricted goods include cultured, bleached or undried pearls produced outside the Gulf, arms and ammunition and blacklisted goods boycotted by the Arab League.

OFFICIAL HOLIDAYS OF BAHRAIN ISLAMIC NEW YEAR - 1st Muharram

NEW YEAR - 1st January
ASHORA - Two days 9, 10 Muharram

BIRTH OF THE PROPHET - 12th Rabi
Awwal
EID AL-FITR - Three days from 1st Shawwal
EID AL-ADHA - Three days from 10th Zou
Alhijja

NATIONAL DAY - 16th December

HOTEL SERVICES INDEX

OPERATOR	0
DUTY MANAGER	0
HOUSEKEEPER	599 or 0
LAUNDRY AND VALET	570 or 0
FRONT DESK (RECEPTION)	7
ROOM SERVICE (Available 24 hours)	8
CONCIERGE (Porters Desk)	566
AL-JISHI GIFT SHOP (Newspapers etc)	586
BANK OF BAHRAIN	588
BANOCHE ART GALLERY	598
BARBER SHOP	585
LADIES HAIRDRESSER	587
MY FAIR LADY FLOWER SHOP	584
THE COFFEE SHOP (Open 24 hours)	607
THE FALCON RESTAURANT	583
PALMGROVE BAR	560
LOUNGE BAR	561
FRONT DESK CASHIER	581
SWIMMING POOL BAR	563

LAUNDRY AND VALET SERVICE

REGULAR SERVICE - Laundry collected after 9.00 a.m. will be returned the following evening.

SAME DAY SERVICE - Laundry collected by 9.00 a.m. will be returned in the late afternoon.

TELEVISION AND TYPEWRITER HIRE

Please ring the Front Desk

Arabian nights barbecue

3) A view of the buffet showing some of the exotic dishes.



4&5) Traditional dances performed in the tent, with local music and a pure Arabian atmosphere delighted the many guests.



SALES AND PUBLIC RELATIONS CONGRESS



International Congress in Zagrab



An International Congress for the Hotel Sales Management Association was held in Zagrab (Yugoslavia), in June. Mr. Mohammed Jassim Buzzi, Sales and Public Relations Manager, represented the Gulf Hotel Bahrain. Views taken during the congress.



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OPR

MAP OF MANAMA



①



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٧١٤٨٥٥

س : ت : ٧٦٨٤

س : ب : ١٦٨٤

②



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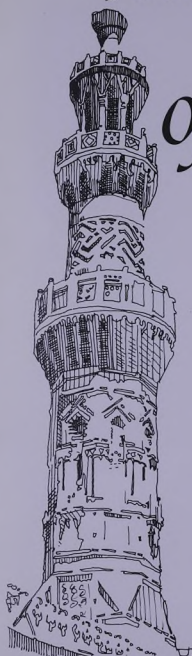
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The Holy Pilgrimage of Islam



The Haj is, as it were, the final stage in man's spiritual progress and maturity.

With the advent of the annual Haj season, scores of Muslims from every corner of the world busy themselves in making preparations for the journey to the Holy Islamic cities of Mecca and Medina. Believers of all classes, creeds and kinds converge onto the Holy cities to spend the next month or so in the Divine presence of the Almighty. They come by land, sea and air to avail themselves of this opportunity to cleanse themselves of their sins and clear their way to the gates of Heaven.

The undertaking of this journey is mandatory at least once in the lifetime for all who call themselves Muslims. The word attributed to it is Haj, which, in literal terms, means "Repairing to", usually, to a thing for the sake of a visit. The principle of Haj is one of the five decrees of Islam that every Muslim must observe, the others being the belief in one God, praying five times a day, observing fast during the month of Ramadan and giving charity.

الذِي يَعْبُدُ الْاِلٰهَ اِيَّانَا سُبُوْحًا

IT IS THE [ALLAH] WHO HAS SENT ... AN ANGEL FROM ABOVE TO REVEAL TO ...



The focal point of convergence of Muslims performing Haj is the Holy city of Mecca, where lies the Masjid al Haram, or the Sacred Mosque, an open, parallelogram-shaped area measuring 550 feet by 360 feet. The Mosque houses Maqam Ibrahim and the Zamzam buildings.

The word "Tawaf", in the technical language of Islam means making circumambulation around the Ka'ba. The command to perform the Tawaf of the House of God is contained in the Holy Quran: "And let them go round the Ancient House." In the devotional acts of Haj, Tawaf occupies the most important place, being the first act of the pilgrim on his arrival at Mecca and his last act when he leaves the Holy Place.

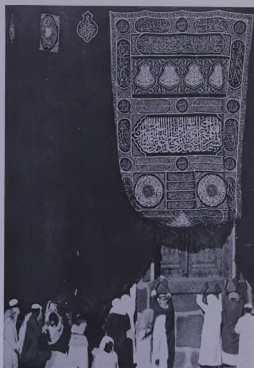
The pavement on which the Tawaf is made is called the 'mataf'. The Tawaf is performed by going round the Ka'ba, as near the walls of the sacred building as possible, but on the North Western side keeping close to the small semi-circular wall as possible, as the Hijr is included in the mataf.

Men and women perform Tawaf together, the women keeping apart from the men. The Tawaf made on arrival is called the Tawaf al Qudun (the Tawaf of arrival), the Tawaf made on departure is called Tawaf al wada (the Tawaf of departure) and the Tawaf on the day of sacrifices (Yaum al Nahar, or the tenth day of Zilha) is called Tawaf al Ziyara, this last being one of the necessary devotional acts of Haj, while the first two are not obligatory though they are generally resorted to.

The Tawaf begins at the Hajar al Aswad (the Black Stone) which is kissed but even the making of a sign over it is considered sufficient. In going round, the Ka'ba is kept to the right, and seven rounds are made in all. The first three rounds are made at a fast pace and the remaining four at an ordinary pace. But if necessary the Tawaf may be performed while one is riding on the back of an animal. The doing of an act or speaking is permitted during Tawaf and prayers or supplications may be addressed to God in its course.

THE BLACK STONE: A description of the Hajar al Aswad has already been given and it has been stated earlier that the Stone is kissed by the pilgrims as they pass it in their circumambulations. The Black Stone is another thing that owes its importance to the days of Abraham and

Ismail. Its removal was not ordered in the revelation of the chapter in the Holy Quran though the idols were ordered to be thrown out. As it was accepted by the Holy Prophet, who himself fixed it into place, it is considered as being sacred.



THE SA'Y: Sa'y means running and in Islamic terminology it signifies the running of the pilgrims between the two little hills situated near Mecca, called Safa and Marwa. In the devotional acts of Haj it occupies a place next to the Tawaf. In fact, in the case of Umra the minor pilgrimage as it is called, Tawaf and Sa'y are the only functions of importance and the Umra therefore ends with the Sa'y, unless there is of course an animal to be sacrificed when Umra is to be performed. These two hills were the scene of Abraham's wife Hagar running to and fro in quest of water for her baby Ismail when she was left there by Arabian.

THE MARCH TO MINA: Tawaf and Sa'y are the individual acts of every pilgrim when he first arrives at Mecca, whether he intends to perform the Umra or the Haj or unites Haj with Umra (Qiran) or combines the two (Tamattu).

The true Haj beginning on the 8th Zilhaj when the whole body of pilgrims move together is called the Yaum al Tarwiyah, meaning the day of satisfying the thirst, because on that day the pilgrims provide themselves with water for the following days.

فَاتُوا وَالذِّكْرَ بِاللَّيْلِ يُؤْمِنُونَ
بِاللَّهِ وَالْيَوْمِ الْآخِرِ

FIGHT THOSE WHO BELIEVE NOT
IN GOD NOR THE LAST DAY

ARAFAT AND THE WUQUF: Arafat is the name of the plain which is situated to the east of Mecca at a distance of nine miles. The men are called to assemble here, as equals in all respects, to best enable them to know their God. The Jabal al Rahman, meaning the Mountain of Mercy, on which is the pulpit from which the sermon is delivered, is situated to the east of the plain, sixty steps of stone leading to the top.

Leaving Mina at noon on the ninth Zilhaj, the pilgrims reach Arafat in time to say their afternoon prayers after which the Imam delivers a sermon from the pulpit on the Jabal al Rahman. The pilgrims' stay in Arafat lasts only from afternoon till sunset and is known as Wuquf, but the place it occupies in the importance of the Haj is so great that Haj is only considered to have been performed if the pilgrim reaches Arafat on time on the 9th Zilhaj, but if he is unable to join in the Wuquf, the Haj is not performed. The entire time from afternoon till sunset is spent in glorifying God and chanting aloud 'Labbaika allahumma labbaika'.

STAY

MUZDALIFA: After sunset the pilgrims leave Arafat and stop at Muzdalifa because by staying there nearness to God is sought. On reaching there, the pilgrims say their evening prayers. There the night is passed and then after saying the morning prayer at an early hour the pilgrims leave for Mina. Those who are infirm are allowed to leave even before the morning prayer.

YAUM AL NAHAR IN MINA: The pilgrims reach Mina on the morning of the 10th Zilhaj which is called the Yaum al Nahr (the day of sacrifices), the day which is celebrated as Id al Adha all over the Muslim world. After saying the Id prayers in Mina, the animals are sacrificed, the pilgrims then return and perform the Tawaf of the Ka'ba. This is called the Tawaf al Ifadah and with it the pilgrim emerges from the state of Ihram by having his head shaven and his hair clipped. But before the sacrifice there is another act of devotion called the Ramy al Jimar about which more will be said later. Though the pilgrim leaves the state of Ihram after Tawaf al Ifadah yet he must return to Mina again for it is in Mina that the Haj ends.

AYYAN AL TASHRIQ: The pilgrims are required to stay in Mina for three days, or at least two days, after the day of sacrifices, that is, on the 11th, 12th and 13th Zilhaj.

RAMY AL JIMAR: During the last day of Haj, the 10th Zilhaj, and the three tashriq days, the pilgrims are required to cast stones at certain fixed places. This is known as Ramy al Jimar ('Ramy' meaning throwing and 'Jimar' meaning small stones). Each of the three places in Mina where stones are thrown is also called Jamra. Of the three Jamras, that nearest to Mecca is called Jamra Aqaba, the Aqaba being a little hill famous in the history of Islam because of the two pledges extracted from the Medina Muslims by the Holy Prophet. The second is called Jamra wusta, or the middle Jamra and is situated near the Mosque of Mina. A little further on is the third, the Jamra Sughra, or the smallest Jamra.

HATE EVIL

It is true that in Haj many pre-Islamic practices were retained and as has been shown, many of these can be traced back to the days of Abraham. Each one of the devotions carries a certain amount of spiritual significance for the whole atmosphere of Haj is a demonstration of the greatness of God and the equality of man.

طَلِبُوا الْعِلْمَ وَالْفِطْرَةَ الصَّيِّدَةَ
SEEK KNOWLEDGE, EVEN IN CHINA

Introducing



Abdul Nabi Daylami, Front Office Manager of the Gulf Hotel Bahrain, was one of the first Gulf Nationals to enter the field of Hotel Management, after obtaining a Distinction in the Hotel and Catering Diploma from Brighton Technical College.

After seven years in Banking Nabi opted out to study Hotel Management at the Brighton Technical College. During his studies there, he worked in several Hotels in Brighton. On completion of his studies, he had one year intensive training at the Gulf

Hotel Bahrain, after which he was appointed Assistant Food & Beverage Manager.

In July 1974, he was promoted to Front Office Manager, to become the first Bahraini to take a senior Management post within the Hotel.

Part of his further training was spent in the famous Savoy Hotel in London and some other reputed Hotels in the U.K., which made tremendous improvements in his knowledge on Hotel Management.

Nabi is married with a little daughter, Rana.

on the fashion

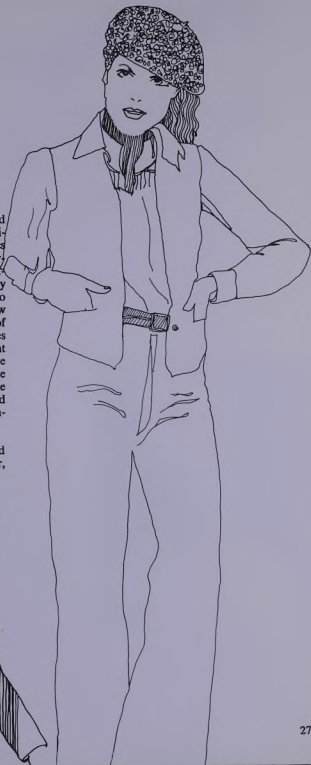
Its the 'Pull-Over' and 'Pile-On' season again, the mix and match layered look is still the most popular style for winter. Tunics and tabards which crept into last year's shows have come back with a bang. They come in all sorts of shapes sizes and fabrics, and can be worn over shirts, trousers, or dresses. Also proving to be tremendously popular are chunky knit cardigans teamed up with pull-on hats and long scarves, and the bolder the stripe the better.



scene

Trousers can be tapered, straight legged or caught in at the ankle-teamed with beautifully shaped jackets and waist-coats. Fabrics and colours are as important as style. Jersey, knits and corduroy are all important. Tartan has reappeared in designs a far cry from the traditional kilt. Shirts long enough to wear as a jap-style mini over tights, with a low slung belt; elegant long skirts and tabards, and of course the poncho and the Cape Evening clothes are sleek and chic, velvet has made a triumphant comeback for skirts and trousers. Soft subtle fabrics in very smart and simple designs have produced some stunning evening dresses. The tunic/tabard worn with long narrow skirts and trousers can be patterned or plain, or two contrasting plains, usually with slits up the side.

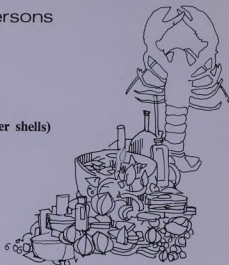
Colourwise, camel, autumn greens and browns are in vogue for daytime casual wear, with black and grey popular for evening.



Chef's Speciality

Exotic Lobster Curry - 4 persons

- 2 boiled Lobsters
- 2 Coconuts
- 4 Slices Fresh Pineapple
- 1 Measure Dry White Wine
- 1/2 pt. Special Curry Sauce
- 1/2 pt. Lobster Sauce (prepared with lobster shells)
- 2 oz Chopped Apples
- 2 oz. Currants and Raisins
- 2 oz. Chopped Mango Chutney
- 2 oz. Grated Fresh Coconut
- 2 oz. Chopped Onions
- 1 oz. Curry Spices
- 2 oz. Butter



MR. ANTHONY BREEZE
Executive Chef

Quickly fry onions in butter without colour, add apples, currants, raisins and chopped mango chutney. Mix in curry spices and grated fresh coconut removed from shells split in two. Add lobster sauce and simmer slowly for 30 minutes.

Cut boiled lobster meat in 1" dice, slowly saute in butter, moisten with white wine and gently fold in curry sauce. Finish with a little coconut milk and arrange neatly in the half coconut shells. Garnish with chunks of fresh pineapple.

Serve accompanied with plain boiled rice and pompadoms.



Yusuf Bin Ahmed Kanoo

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